

YOUTH SPORTS/CLINICS/CAMPS GUIDELINES

Participant Responsibilities and Guidelines for Sports, Clinics, and Camps

- If you or any member of your family are not feeling well, stay home. Plan to come when everyone is well.
- All staff and participants will have their temperature taken when arriving for their activity. Any person with a temperature over 100 degrees will not be allowed to participate. Parents should plan their drop off time accordingly.
Parents should verbally confirm that their child does not have a fever, shortness of breath, or cough.
The participant will be visually checked by the staff for signs of illness (flushed cheeks, rapid breathing or difficulty breathing (without physical activity), fatigue, or extreme fussiness.
- When you're on the sidelines, in the bench area, or listening to instructions, please use proper social distancing, (6 feet). If you're unable to have safe distancing please wear a mask.
- Spectators are asked to maintain six feet between members of different households or observe from their vehicle whenever possible.
- If your sport requires equipment, bring your own whenever possible. Designated individual spaces will be available for player's gear when not in use. Shared equipment will be sanitized after use.
- Coaches will provide you with guidelines specific to your sport.
- If you wear a mask, it must cover your nose and mouth.
- Come to play with clean hands. Then wash your hands, with soap and water, frequently, (after using the restroom, in between games, before and after eating a snack, after touching your face, and when your activity is over)
- Cough or sneeze into your elbow, then wash it, with soap and water.
- Hand sanitizer is most effective on clean, dry hands.
- Pack a water bottle with your name on it. Water bottles should remain in the players assigned space when not in use.
- If your activity is outside, please apply sunscreen before you arrive.
- If your child has traveled outside of the State of Maine they must serve a 14 quarantine before attending camp or participating in any of our sport programs or clinics.
- If you, or any member of your household, exhibit any signs or symptoms of the CORONA Virus, or have been exposed to anyone who has tested positive for the virus, **LET US KNOW and STAY HOME.**
- **If a participant tests positive**, the Brewer Parks and Recreation Department, in accordance with state and local privacy and confidentiality laws and regulations, will notify local health officials, staff, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA) an other applicable laws and regulations.

If a camper tests positive for the virus it must be reported to the Brewer Parks and Recreation Department (207) 989 - 5199.

1. Michael Martin, Director or 2. Aimee Cyr, Deputy Director
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If at any time a participant flagrantly, knowingly, or purposely shows disregard for the guidelines, that have been put in place by the Brewer Parks and Recreation Department, he or she will be removed from the Clinic/Camp for the remainder of its duration.

