

Signs and Symptoms of COVID-19

People with COVID-19 have a wide range of symptoms ranging from mild to more severe. The following symptoms may appear 2 - 14 days after exposure: Fever. Cough. Shortness of breath or difficulty breathing. Chills. Sore throat. Repeated shaking with chills. Muscle pain. Headache. New loss of taste or smell.

Seek medical attention if you develop any of these emergency warning signs: Trouble breathing. Persistent pain or pressure in the chest. New confusion or inability to arouse. Bluish lips or face. (This list is not all inclusive. Consult your medical care provider for any other symptoms that are severe or concerning to you.)

If a camper tests positive for the virus it has to be reported to the Brewer Parks and Recreation (207) 989 - 5199.

1. Michael Martin, Director or 2. Aimee Cyr, Deputy Director
mmartin@brewermaine.gov acyr@brewermaine.gov

Social Distancing Strategies

Campers will be broken up into "pods" of 25 students and will be in that pod for the entire summer, or full week. Camp Counselors will be assigned to pods and will remain in that pod for the entire summer. This will allow minimal mixing between pods as recommended by the CDC. (Same Counselor - Same Campers whenever possible).

During active gym games and outdoor play, play will be modified to safely increase distance between players and the length of time players are close to each other and staff.

Large gatherings of both camps at our Friday Special Events will be replaced with smaller special events within the pods.

We will not be going to Peaks Kenny State Park this summer.

Parent Drop Off and Pick Up

Parents will not be allowed in the building.

From 7:30 - 9:00 a.m. staff will meet the campers at the main entrance to the Joseph L. Ferris Community Center, (by the flags) and walk them to their pods. If your child arrives after that time please call 989 - 5199 and we'll meet you at the door.

From 4:00 - 5:30 p.m. staff will meet parents at the door and bring their child to them. For a smoother pickup transition please let us know at drop off time what time you'll be picking your child up so we can get them packed up and ready to go. We understand that often it's hard to keep a schedule, feel free to call 989 - 5199 if you arrive outside of our scheduled times. Our sign out staff will record the parent's name and time of pick up on our sign out sheet.

We'll still require parents to notify us if someone new will be picking up their child and a photo ID is required.

Screening Upon Arrival

All staff and campers will have their temperature taken before entering the building. Any person with a temperature over 100 degrees will not be allowed in the building. Parents should plan their drop off time accordingly.

Parents should verbally confirm that their child does not have a fever, shortness of breath, or cough.

The child will be visually checked by the staff for signs of illness (flushed cheeks, rapid breathing or difficulty breathing (without physical activity), fatigue, or extreme fussiness).

PPE (Personal Protective Equipment)

Each camper is required to have two clean masks with them each day for times when maintaining a 6 foot safe space isn't possible. They will not be required to wear a mask when playing most gym and outdoor games. Staff will follow the same rule.

Masks come in a variety of styles. They can be homemade, disposable, or neck gaiters. They are for everyone's protection. Make sure the mask covers both the nose and mouth. When choosing a mask for your child please be mindful that some masks have scary faces of skeletons, monsters, etc. These designs can cause increased anxiety among the children in an already anxious situation.

PPE (Personal Protective Equipment) (cont.)

We will be teaching the campers that safety starts with them. We will be teaching to cover their coughs and sneezes, proper handwashing techniques and have a handwashing routine, how to maintain safe space as a regular part of our day, and how to stay safe when you can't keep a safe distance from each other. These techniques will be part of the daily routine.

Cleaning/Disinfecting

Our equipment will be cleaned and sanitized in between each activity.

Pods will have scheduled "Restroom Breaks" throughout the day. After each pod's break the bathrooms will be disinfected. Staff will disinfect the restroom individually for those campers using the restroom in between their scheduled break. Campers can use the restroom whenever necessary throughout the day.

We have a schedule in place for the cleaning and disinfecting of frequently touched surfaces throughout the day.

Water fountains will be closed. Bottles can be filled in a sink if necessary. Water bottles will be safely spaced when not in use.

Limited Sharing

Send with your child each day:

A cold lunch and two snacks. We will not heat, nor can we refrigerate lunches.

A water bottle with their name on it.

Spray sunscreen, (if your child needs assistance, or send regular sunscreen that they can self apply). Staff may only assist with spray sunscreen.

A clear gallon zip lock bag that contains: A pack of markers, pencils, scissors, and a glue stick. Please label the bag with your child's name on it. These will be your child's craft supplies for the summer. Campers will not share supplies. We'll provide a bag of supplies for campers who need one. (Parents can add additional art supplies, without going overboard).

Must be left at home:

Toys. All toys. Stuffed animal, cars, figurines, etc. We will be busy all summer playing outside, playing in the gym, and making projects. Keep toys safe at home.

Electronics. Phones and game players must be left at home. If a child has one in their possession we will put in a plastic baggy and return it to the parent at pickup time. No exceptions.

Each camper's belongings will have their own cubby that will be emptied and sanitized at the end of each day.

If a Child or Staff Becomes Sick

We will have an area to separate anyone who exhibits COVID-like symptoms during our hours of operation. Children will not be left without adult supervision.

The parent of the sick child will be notified and the child must be immediately picked up.

While maintaining the confidentiality of the individual we will notify close contacts of campers, and our local health official of any positive cases of COVID.

Any area used by the sick person will be closed off and properly cleaned according to CDC guidelines.

The sick person must not return to camp until they have met the CDC criteria for discontinuing home isolation and must provide a doctor's note.

If a camper tests positive, the Brewer Parks and Recreation Department, in accordance with state and local privacy and confidentiality laws and regulations, will notify local health officials, staff, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA) and other applicable laws and regulations.

Education

We will promoting behaviors that will prevent the spread of the virus. (Hand hygiene and respiratory etiquette, safe spacing procedures, and risk reduction procedures and routines put forth for the safe operation of camp).

When questions arise from campers concerning the virus, the staff will follow the “General Principles for Talking to Children” as put forth by the CDC. They will respond calmly and reassuringly, avoid “blame” language, provide information that is honest and age appropriate (without going into great detail), and reinforce the importance of the procedures that have been put in place to keep everyone safe. We will not have formal lessons on the virus. Children will be encouraged to talk with their parents as their main source of information.

Additional Precautions

We will not accumulate a lost and found at camp or at the pool. (If an item is clearly labeled with a child’s name we’ll put it in a Ziplock plastic bag and put it in the child’s cubby). This summer will be a good time to invest in a sharpie.

Once a camper is picked up from camp they may not return the same day, (i.e. leaving for an appointment, party, other activity, etc.)

If your child has traveled outside of the State of Maine they must serve a 14 quarantine before attending camp or participating in any of our sport programs or clinics.

If you, or any member of your household, exhibit any signs or symptoms of the CORONA Virus, or have been exposed to anyone who has tested positive for the virus, **LET US KNOW and STAY HOME.**

If at any time a participant flagrantly, knowingly, or purposely shows disregard for the guidelines that have been put in place by the Brewer Parks and Recreation Department, he or she will be removed from the Clinic/Camp for the remainder of its duration.