



ADULT KARATE

A monthly session that meets on Tuesdays

Learn the skills and etiquette of the Goju Karate Do style.

Along with fitness, this program will further develop a student's self-confidence, self-control, self control and respect.

This class focuses on the use of karate as a way of life, not a sport.



When: Tuesdays from 6:00 pm to 7:30 pm

Where: Ferris Community Center: Senior's room.

October's Session begins on 10/6/26

Registration Details

- Registration fee
- Resident \$ 35.00
- Non-resident \$45.00

Registration is open now at
brewerme.myrec.com



(Uniforms are NOT mandatory (GI's).)
Taught by long time instructor Gary West.